

	12/1	12/2	12/3	12/4	12/7	12/8	12/9	12/10	12/11	12/14	12/15	12/16	12/17	12/18	12/21	12/22	12/23
	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday
	Gym, Cardio	Gym, Cardio	Jogging		Gym	Gym, Cardio	Gym, Cardio	Gym, Cardio									
ADR	828	797	824	840	931	1007	1072	1079	1130			1310	1392		1286	1235	1233
ADR	1196	1198	1242	1287	1201	1264	978	1399	1689			1763	1639		1483	1602	1451
Additional Info		NOT TRADING															
GBPNZD	Direction right?	yes		yes	yes	yes	yes	yes	yes			yes	yes	yes			
Hypo 1	100%			100%	100%	70	100%					90%	100%	100%	80%	60%	
Hypo 2			100%			90											100%
Hypo 3																	
Hypo 4								100%		80%							
Key take	Being delayed		Take profit early	Being delayed	Being delayed	Being delayed	Being delayed	Being delayed	Being delayed			Being delayed	Being delayed	Being delayed			
Most Likely Outcome	Most Likely Outcome	Preferred: PA reversal confirmed, IB extension down. Monitor for value acceptance	Preferred: strong M30 reversal pattern and IB taking out overhead supply followed by IB extension up (momentum). Sustained auction. Taking out LTF supply.	Preferred: strong bullish pattern and IB taking out overhead supply followed by IB extension up (momentum). Sustained auction.	Preferred: Strong Bullish PA, IB extension with sustained auction. Monitor for value acceptance.	Preferred: IB take out LTF demand, price action reversal at VAH. Monitor for either IB extension up or failed auction in case of extension down. Even with value acceptance we could end of reversing. Monitor for TPO structure build up and reversal	Due to D1 price action we could see a continuation to the move. Preferred: Taking out LTF supplies above VAH. Taking out H4 Supply. IB extension up (momentum)	Although unfavorable but due to W1 Inside Bar with longer selling week we could see a continuation down. In case of a continuation (I'd like to see a sustained auction down taking out demands. Best bet a low initiative day. Still trading into demand can be sticky to say the least.	IB extending down (momentum) taking out underlying demand			Preferred: Taking out H4 supply at 1.8003 (round number) during IB. IB extension up (momentum), monitor for sustained auction. Possible Low/medium relative activity day due to trading right into overhead supply.	Play off nearby LTF SD 20hrs or ADR 0.5	Play off nearby LTF SD 20hrs or ADR 0.5	Preferred: IB extension up (momentum), possible IB extension up before failing and following through down	Preferred: Bearish price action confirmation, IB extension down, possible IB extension up before failing and following through down	Preferred: Confident close below VAL, IB extension Down with sustained auction. Probable low/medium initiative activity
Right on outcome?	yes		yes	yes	yes	yes	yes	yes	yes			yes	yes	yes	yes	yes	yes
What happened?	Exactly as hypothesized but 'hesy' price action		An early entry would have yielded a 2.8R	Played out well although it was based around a news event: Brexit deal imminent and BOE.	Failed auction after a too wide IB range extended below. When the same TPO we closed back within IB and LTF reversal price action transitioned into a M30 Three Outside Ups. I was in before that happened.	Slight IB extension down and failed auction	0.5xASAR wide IB range indicating possible momentum. Then even though there was a momentum move initiated during C due to overhead supplies there was good pushback so the actual extension closing higher was during D (which still counts as a momentum move). What followed was a low initiative activity day due to overhead supply and trading right into H4 demand which led to the session got taken out.	We had a momentum move down taking out LTF demands but when we hit H4 C-dem it proved quite reactive. Due to this we saw a complement retirement in D falling auction but proceeded to trade lower again. Probably due to the H1 Hammer (high tail) we saw a continuation to the move in line with a W1 OBD as hypothesized.	We instead had a wide IB range developed extending to H4 C-dem after taking out a previous H4 demand. Price proceeded to have some consolidation and extended further down.		An extension down with price falling at LTF demand. M5 Inside Bar (retracing more than 50%) followed by a Base and Rally could have been an entry at 1.8675, SL 1.85645, TP (2R) 1.89035 would have been easy hit. Took it down for my playbook as I am not accustomed to trading off M5 yet. Does whopped me well	There was no extension during C or D. The rest was as described. There was a Bear Engulf but a very long buying week and thus a lot of buyers were still around.	There was no momentum. Probably because of the LTF supplies in the way. I took note to outline this behaviour next time it arises.	There was a M15 Evening Star early during IB that I took but when price started faltering around M30 VWAP in LTF and LTF demands I took it off. Price extended down and quality reversed and closed as a bull engulf. Price reversed yet again with a Bear Engulf and straight back during F forming another Bull Engulf	At the open price tested newly formed H4 C-cusp (Bear Engulf) and traded lower leaving a selling week in IB extending down in C. Even though C closed back into IB (falling action) due to the origin of the move I gathered we could see a further move down.		
Clarity	3		3	3	4	3	3	3	4			4	4		4	4	4
Opportunity within trading window?	yes		yes	yes	yes	yes	yes	yes	yes			yes	yes		yes	yes	yes
Did I take the opportunity?	no		no	no	yes	no	no	no	no			no	no		no	yes	no
Comments	Didn't like the messy price action to act on		best entry was an early entry which I missed due to being busy on Gold	burst through D TPO driven by news	Failed Auction after too wide IB range	Because no entry signal M15/M30 but on M5 and don't want to take it.	It was a momentum trade or late sustained auction entry straight into H4 demand so low to medium initiative activity would be the best possible scenario. Which happened. Due to it being more risky I decided to stay out.	Another trade into demand. I spotted a good opportunity for my playbook though for next time. A 1x IB range extension could warrant a failure of any failed auction and continue in the direction the profile extended to (also considering ADR had been exhausting during Asia session). Confirming with price action we could be looking to trade on a sort of 2nd chance entry off the IB edge. Combine this with a LTF entry for a great setup.	We instead had a wide IB range developed extending to H4 C-dem after taking out a previous H4 demand. Price proceeded to have some consolidation and extended further down.		The opportunity was right into H4's supply and thus more risky. Although I have noted notes for the times I encounter a similar opportunity and I have build up a buffer and it is not December.	It was a M5 opportunity - although risky due to no clear backup on M15 and by the time M30 was finished the move would have been over for the most part.	It was based on a reset of a M15 demand formed pre-market and newly formed price action on top of it would have had a bad SL placement		It was right at the open		
Day Type	Normal Variation		Normal Variation	Normal Variation	Normal Day	Normal Day	Normal Day	Normal Day	Normal Day			Normal Day	Neutral Day		Normal Day	Neutral Day	Normal Variation Day
Correct on Day?	yes		yes	yes	yes	yes	yes	yes	yes			yes	yes		yes	yes	yes
P/L %	NO TRADES		NO TRADES	NO TRADES	1.00	NO TRADES	NO TRADES	NO TRADES	NO TRADES			NO TRADES	NO TRADES		NO TRADES	0.60	NO TRADES
Personal Notes on the session			An early entry would have yielded a 2.8R			A M30 consolidation near value in perspective of a pre-determined hypo I could possible look for entries on M5. I have seen similar situations before although not quite the same.		Paper Trade could have hit 4R				D1 VWAP in DT BO - Trend continuation into Medium timeframe supply					
Next Day Analysis				12042020 GBPNZD Playbook Trend Continuation (news driven)	12072020 GBPNZD Playbook Wide IB Range Mean Reversion Failed Auction	12082020 GBPNZD Playbook Return to Value	12092020 GBPNZD Playbook Value Acceptance Rotation Continuation Late Sustained Auction Entry	12102020 GBPNZD Playbook Trend Continuation (breaking down from Overall Range) test of IB edge continuation				12162020 GBPNZD Playbook Trend Continuation into Supply D1 VWAP in DT Break Out			12212020 GBPNZD Playbook Mean Reversion		
Pre-market routines	Good		Good	Good	Good	Good	Good	Good	Good			Good	Good		Good	Good	Good
Session PECS	Good		Good	Fair	Good	Good	Good	Good	Good			Good	Good		Good	Good	Good
Trade selection	Good		Good	Good	Good	Good	Good	Good	Good			Good	Good		Good	Good	Good
Trade sizing or SL placement	Good		Good	Good	Good	Good	Good	Good	Good			Good	Good		Good	Good	Good
Trade Execution & Mgmt.	Good		Good	Good	Good	Good	Good	Good	Good			Good	Good		Good	Good	Good
Risk Adjusted Returns	Good		Good	Good	Good	Good	Good	Good	Good			Good	Good		Good	Good	Good
Daily Review	yes		yes	yes	yes	yes	yes	yes	yes			yes	yes		yes	yes	yes
Muppet Meter	1		1	2	1	1	1	1	1			1	1		1	1	1